

HOLY CROSS SCHOOL, PANISAGAR

NEWSLETTER VOL - 11

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Dear Parents, Teachers & Students



Greetings to you all!

Time is more value than money. You can make more money but you cannot get more time. As we enter into this new academic year after a brief vacation it's to be noted that how fast time disappears. As I reflect on the past academic year, I am reminded of the countless moments of blessings that make our school community so special and proud.

One thing that stands out in everyone's mind is about the 100% result in the board exam, particularly the highest number of students getting distinctions. It was another feather on the cap of our school that Anirban Debnath 97% Sumedha Debnath 89% and Pritam Chakraborty 89% had procured and kept the school name high in this locality. And secondly, the long-standing dream of beginning class XI in our school campus is getting realised as we begin the classes on July 07th, 2025. Both these achievements are the hard work and dedication of many getting realised now with the great blessings of the Almighty God.

There is a famous story about a little girl who watched a butterfly emerge from its cocoon. As she observed, the butterfly struggled to break free. The girl, wanting to help, carefully cut open the cocoon. But to her surprise, the butterfly's wings were weak, and it couldn't fly. Looking at that, her grandfather explained, "The struggle to emerge from the cocoon is what strengthens the butterfly's wings. Without it, the butterfly would never learn to fly."

Just like the butterfly, our children need challenges and opportunities to grow. As parents, we can: Provide support and guidance, encourage resilience and perseverance and celebrate their successes.

By doing so, we'll help our children develop the strength and confidence they need to soar. This story illustrates the values we strive to instil in our students: hard work, kindness, and service to others. Our school is more than just a place of learning; it's a community that fosters growth, creativity, and character.

In this edition of our newsletter, we highlight the achievements of our students, teachers, and staff. From academic excellence to artistic talent, our school community is filled with individuals who are making a positive impact.

Thank you for being part of our school community. Let's continue to inspire and support one another as we strive for excellence.

GOD BLESS

THANK YOU

PRINCIPAL

Feb 07th: Mathematics Olympiad competition:

Competitions make the students to be more competitive and courageous to face the society boldly. Though many students have phobia over the subject mathematics, here are our students who had happily enrolled for the block level mathematic Olympiad completion. Many of them participated and won the certificate of excellence.

**Feb 15th: Hosteller's Picnic:**

The joy of travelling together is a great excitement for any group of students, and our hostellers were no exception to it. The boys and girls left the campus in four school buses with great enthusiasm and excitement to visit the historical place namely Unakoti. They are were excited to see the sculptures on the rock and the great face of Shiva. After having spent considerable amount of time in singing and dancing, proceeded to Kumarghat Holy Cross. The students were welcome by the school teachers and all the students were served with picnic lunch which was enjoyed by all students. After the lunch also they were all enjoying the company of each other through dancing and singing while the Kumarghat hostel girls also gave a feast to the eyes.

**Feb 22nd: National Sports & Fitness day:**

This celebration remind us that physical activity is not just about competition, it's all about embracing a healthy lifestyle of mind and body. Whether it is brisk walk, a game of basketball, or a yoga session etc. we have to commit to bodily movement, building community and prioritizing over wellbeing. Let's make every day an opportunity to play, stay active and inspire other to-do the same. This day emphasize that all is about encouraging everyone to be active, regardless of skill level. Speak about the positive impacts of exercise on mental and physical health. Encourage everyone to participate in group activities to foster connection and support. I wish to end with the clear message, to make physical activity a regular part of life. This day reminds us of the importance of sports in our lives. Sports not only keep us physically fit but also teach us values like teamwork, discipline and perseverance. They help us build a strong and healthy nation.



By: Moumita Nath, IX B

**Feb 27th: MAHA SHIVARATRI:**

This is one of the most auspicious and spiritually significant festivals in Hinduism. It is dedicated to Lord Shiva, the supreme force of destruction and renewal. Celebrated on the 14th night of the dark fortnight in the month of Prialguna, Mahashivaratri is a night of profound spiritual awakening, penance and devotion. On this sacred occasion, devotees observe rigorous fasting, chant "Om Nama Shivaya" and perform the rudraabbishek, offering milk, honey and bel leaves to the Shiva Lingam. Many remains awake all night, engaging in bhajans and meditation, as it is believed that sincere worship on Mhashivratri eradicates past sins and grant moksha.

This year Mahashivratri is even more momentous, as it coincides with the grand culmination of the Maha Kumbh Mela on Feb 26th. The Kumbh Mela, one of the world's largest religious congregations attracted 600 million devotees approx. seeking spiritual purification. The final Shahi Snan (Royal Bath) of the Kumbh Mela is scheduled Mahashivaratri with precise timings from 5.09am to 6.59am. This confluence of event amplifies the spiritual energy, offering devotees a unique opportunity to immerse themselves in divine grace.

BY Gowrab Nag IX-A

March 07th : Farewell HM. Sr.Sandaraline:

Our students bid farewell to their beloved Headmistress Sr. Sandraline, filled with a mixed of emotions – gratitude, sadness, and joy. She served in the school over the last five years with full dedication, unwavering commitment, and passion for education, which brought in changes and character formation in the lives of students. She had been an instrumental in shaping our curriculum,

improving discipline of our teachers and students, and fostering a culture of excellence and inclusivity. The staff and students expressed their sentiments of gratitude through dances, singing and gifts. School management remain ever grateful for her service.

March 17th : Welcome to New HM: Sr. Tresa Arimadei:

Change of leadership always brings a wealth of experience and expertise to our school. In the midst of annual exam, the student community warmly welcome our new Head Mistress Sr. Tresa Arimadei with song and principal honored her arrival with shawl and flowers. We are confident that her passion for education will inspire and motivate the teachers and students as she comes with vast teaching experience in the state of Manipur.



We hope and pray that her commitment to academic excellence, student well-being, and community engagement aligns perfectly with our school's values. We look forward to working together to achieve great things and making Holy Cross an even more exceptional place for learning and growth.

March 19th : Annual Result Day:

Joy is the outcome of any hard work. Students and parents eagerly waited for the last working day of the school to get the annual result of their children's' performance. It was indeed a great joy on the face of the parents and children however there were a few students who had not performed well. However with serious warning and advises all were promoted to higher classes. And with these the re-admission and book sale was organized on the

following days and then school remain closed for couple of weeks for holidays till April 21st.

April 10th: Seminar for Teachers:

This seminar is a great opportunity for teachers to share knowledge, exchange ideas, and learn from each other's experiences. One of our Agartala Holy Cross teachers, Mrs. Romi Saha, an experience teacher and student councilor was the animator of this program. Our teachers were excited to have to participate in this seminar, and have learned much through their productive and engaging discussion throughout the day. To get the most out of this seminar, teachers were made to actively participate through singing, chart preparation and presentations. All teachers gained much to be more efficient in the field of teaching.

April 16 : National Science Day

Though students were in holidays, through the initiative of Sir. Apu, our students were able to participate in the Sub-division level National science day was celebrated at Shri Bilthai H.S.School on the birth day of Dr. Sir. C.V.Raman. there was different competitions like – Sit and draw, Poster drawing, speech competition and Model presentation. Our students Neha Nath, Birat Das Purkayastha

participated in poster competition. Many students made model presentation on Anti suicide, drip irrigation, solar system, chandrayan 3, filtration etc. Hirok Sen from our school also presented his model and gained appreciation. Then the quiz completion and seminars were also organized on the topic. Pratiksha Sarma and Srija Chakraborty had participated in speech competition and won prizes.

April 22nd : Welcome to New Teachers:

As we begin the New Academic year 2025, it is a joy to have seven new teachers who have joined our faculty. Many of them had appeared for interviews and these selected ones were welcome to the school on the first day of school opening. The students were thrilled to welcome those new faculty members with joy and happiness. We wish them all best of luck to contribute their skills, experience, and passion to our school community. We are also excited to have them on board and look forward to working together to provide the best possible education for our students.

April 26th : Initiation for KG I – Kids:

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April 28th : Prayer for the YEAR OF MISSION:

In commemoration of the beginning of the 'Year of Mission' a brief function was organised during the morning assembly. The 185th Anniversary of Blessed Basile Moreau sending the first Holy Cross men beyond the borders of France in 1840. The students were briefed about the importance of this day and the logo. Students prayed for all the missionaries and promised to be people "with hope to bring" to a world.

May 06th : Welcome to Regent John:



Holy Cross Fathers train their candidates through various field experience and this one year of community living is part of religious training. So Br. John who hails from the state of Mizoram will be living for a year experiencing the school and community ambience to be strengthened and to be deeply motivated to commit his service for people of God. So the student community welcomed him with a song and expressions of joy.

May 08th : Investiture Ceremony & Felicitation for toppers:

Declaration of the annual result brings pride and joy to everyone associated with the school. We are proud that by God's blessings and the hard work of our teachers and students have yielded a very excellent result with 100%. Anirban the topper with 97% and Sumedha and Pritham with 89%, have brought fame to Holy Cross. They were honored with gifts and as they also were the special invitees for the program. They distributed the certificates for the toppers of all classes from KG to Class X. The new SPL Saptak and ASPL



Michael taken charge along with other class leaders and house captains and vice-captain. All students participated in this program in the assembly square. The Principal appreciated everyone and spoke that leadership is all about motivating, inspiring and helping one another. It's all about creating an environment where everyone feels valued, heard and support.

May 13th : Introduction and welcome to Fr. Alex csc:



New person appearing on the stage always gives excitement to the audience. Likewise Fr. Alex, the Holy Cross priest from South India brought lots of joy and exuberance amidst the students as shared his experience in northeast. He ministered in Meghalaya many years back and now thrilled to see the growth and development in NE. He was warmly welcomed by the students in the assembly with a welcome song and a shawl.

May 15th : Admission open for class XI Arts & Science stream:

After the board result had been announced, the admission for class XI was announce. The students of our own school and many students of other schools also flocked to enroll themselves for higher secondary studies. It's also to be noted that though some of the best students of our school have gone out, we privileged to get the best students of other schools into our campus.



May 17th : Meeting for Syllabus Preparation:



Systematic planning is a necessity for proper functioning of our school system. HCEF board had invited the subject teachers from all Holy Cross run schools to set syllabus for the annual academic development. So nineteen teachers dealing with different subjects had gone to Agartala. Nearly one hundred teachers were present to set syllabus for various subjects and for different classes. Now all students are given the copy of their own annual syllabus.

May 24th : Faculty Meet:

Regular faculty meeting and sharing of their concerns are the ways to take along everyone. So after the beginning of this academic year along with the new faculty members.



June 02nd: Class Tests Begin and summer vacation begin from 07th :

This academic year began in April and many classes have been held, so as to revise and recapitulate the learning by the students an internal class test was conducted before they left for summer holidays. It was a routine that all students had to appear for this in this class test. All students participated and revised the lessons, before they were assigned with the holiday project works.

**June 13th : State Level Announcement: Anirban 5th Rank in the TBSE .**

Our school result itself brought in lots of pride moments and furthermore the announcement of the state level fifth rank from our school is another feather in the cap. It was a great joy and excitement for all to know this good news. Anirban a studious and a disciplined students to achieve this moment and to receive the meritorious award from our Chief Minister in Agartala was a joyful moment in the history of the school.

**June 25th : District Level Marathon winner:**

Life is like box of chocolates, you never know what you are going to get. Similarly some our students made use of the holidays to participate in the district level marathon. Debajit Roy of our school and won the 5th position. He was given cash awarded with a certificate by the DM of North Tripura.

June 30th : School re-open:

After three weeks of holidays having passed through the heat waves and the early monsoon, students are back in the school. Brief vacation always bring in lots of newness and innovative ideas. Students who had been assigned with some project works, have made on their own capacity very appealing and creative. Now that the routine program has begun, wish them all best of days in learning and knowing.

July 01st: Welcome to new teachers:

After three weeks of holidays having passed through the heat waves and the early monsoon, students are back in the school. Brief vacation always bring in lots of newness and innovative ideas. Students who had been assigned with some project works, have made on their own capacity very appealing and creative. Now that the routine program has begun, wish them all best of days in learning and knowing.

July 05th: New teachers' Training at Agartala.

This academic year has been blessed with twelve new teachers, and they needed an introduction to the way of Holy Cross Education. They needed more of an insightful beginning in the field of class room education. So the Holy Cross Educational Board organised a day of session for all our schools' new teachers. They participated and gained much confidence and grace to venture into.



July 07th: Class XI: Inauguration and Blessing:

It had been a long-standing dream since 2010 for this school to be upgraded to the level of higher secondary. After many requests from the locals and attempts from the part of Holy Cross administration, finally, the dream finally became a reality with additional facilities on the campus. Nearly eighty students have enrolled for the science and arts streams for their studies. And in the presence of Holy Cross Fathers from the north region and HCEF Secretary Fr. George Jacob csc, and Mr. Dhananjay Das, member of the local panchayat, we had the inaugural function and the blessing of the new classrooms.



Students Corner

AMAZING FACTS: By: Ayush Sarkar, VII B



1. Pineapple takes two years to grow
2. Niagara water never completely freezes
3. Australia is wider than the moon
4. Bananas are slightly radioactive
5. Birds are direct descendants of dinosaurs
6. Honey bees can recognise human faces.
7. Venus has metallic snow made of galena and bismuthinite as its mountain peaks.



Today's Generations: By Manoshi Das VII B

A lot of things are talked about the present modern generation, some are praising and others are critical. But let's take a balanced look at who we are. Today's generation is often labelled as tech-obsessed or distracted, but the truth is we are the most connected and informed generation in history. With just a few clicks, we can access information, communicate across continents and raise our voices on issues that matter. Technology, while sometimes overwhelming, has empowered us to learn, create and innovate in ways previous generations couldn't imagine.

We are more open-minded and inclusive. Our generation is breaking barriers related to gender, race and identity. We speak out against injustice, demand equality and stand together for causes like climate change, mental health awareness and human rights. But we do face our own struggles, anxiety, pressure to succeed, and the constant noise of social media can take a toll. Yet, instead of hiding it, we are leaning to speak openly about mental health and seek support. That's progress.

What defines today's generation is resilience. We are growing up in a world full of rapid social, environmental technological. We are adapting fast. We are not perfect, but no generation ever is. What matters is that we learn, question and try to make things better, not just for ourselves, but for the future. So instead of judging today's youth, let's guide, support and inspire them. Because this generation isn't lost, it's just finding its own ways in its own time. In a world that's evolving faster than ever.

Wonder of God's Creation:

- Jupiter's largest moon has a salty ocean that contains more water than on Earth
- Mercury takes roughly three Earth months to orbit the sun.
- It would take 100times longer to travel around the sun than the Earth.
- A day is longer than a year on Venus.
- The solar system is roughly 1.5billion years old.
- The Moon is moving away from the Earth every year.
- Mars has two moons, and their names are Phobos and Deimos
- Mars may look warm, but it is very cold.
- Astronauts grow taller in space
- Jupiter's magnetic field is 19 times stronger than Earth's.

**By: Moumita Das IX B****Ramadan:**

It is the ninth month of the Muslim calendar, and it's one of the most sacred times for Muslims. It is the month in which it is believed that the Holy Quran was sent down from heaven "as a guidance for men and women, a declaration of direction and a means of salvation". During this month, Muslims observe a strict fast from dawn until sunset. They are not allowed to eat or drink during daylight hours. Fasting is a private act of worship bringing about nearness to God, as well as a form of spiritual discipline and a means to empathise with those less fortunate. The fast is broken at the end of the day with prayers and a festive meal called an Iftar. It is customary to visit family and friends following the Iftar.



During Ramadan, many Muslims go to the mosque and spend several hours in prayer. In addition to the five daily prayers that are part of the core of Islam, Muslims recite a special prayer called the Tarawih prayer (Night prayer). On the evening of the 27th day of Ramadan, Muslims observe a special night called Laylat al-Qadr, sometimes referred to as the night of power. It is believed that Muhammad first received the Holy Quran on this night. At the end of Ramadan, Eid al-Fitr celebrates the breaking of the fast.

Families and friends gather for festive meals and the exchange of gifts. Special gifts are also given to the poor.

In conclusion, Ramadan is a sacred month that embodies the values of compassion, self-discipline and community, through fasting, prayer and charity. Muslims strive to become better individuals, fostering a sense of unity and social responsibility.

By: Naushin Aanjum Chaudhri, IX B**Significance of LENT in the Catholic community:**

Lent is one of the most sacred seasons in the Catholic Church, observed as a time of spiritual preparation for Easter. It is a 40-day period of prayer, fasting and almsgiving. It begins with ASH WEDNESDAY and ends on Holy Thursday evening, just before the celebration of the Lord's Supper. The Lenten season commemorates the 40 days that Jesus Christ spent fasting in the desert while resisting temptation, serving as a reminder for Catholics to seek spiritual renewal, self-discipline and a closer relationship with God.



Lent is a time for Catholics to reflect on their faith, repent for their sins and prepare their hearts for the celebration of Christ's resurrection on Easter Sunday. The number 40 is symbolic in Christianity, representing purification and testing as seen in biblical stories such as Noah's 40 days of rain, Moses' 40 days on Mount Sinai and the Israelites' 40 days in the desert.

The main purpose of Lent is to encourage believers to turn away from sin and focus on spiritual growth. It is a season of conversion, calling individuals to deepen their faith through prayer, self-denial and acts of charity. It is also an opportunity for Catholics to meditate on the suffering and sacrifice of Jesus, recognising his love and mercy.

By: Deepika Debnath IXB

BULLET BOARD PRESENTATIONS:**BLUE HOUSE: Buddha Purnima:**

It is a celebration to honour the birth, enlightenment and passing away of Lord Buddha. His teachings continue to inspire and guide us towards a path of peace, compassion and wisdom. His principles of the Dhamma, embracing the values of kindness, mindfulness and self-awareness. May we strive to cultivate inner peace and spread love and compassion to all beings. This is celebrated on May 12th on the full moon of Vaishakhi every year. Buddha was born in Lumbini village in Nepal in a royal family. Let us not speak falsely, and overcome anger by kindness and evil by good.

GREEN HOUSE: Nurse Day:

International Nurses Day is celebrated on May 12th all over the world to honour the selfless dedication and tireless efforts of nurses. They play a very important role in taking care of the people in pain and sorrow, especially those who are admitted to the hospitals. They work hard every day and night to keep us safe and healthy. Nurses don't just give medicine or check our health alone, but they give us hope and comfort for the patients. During a difficult time like the COVID-19 Pandemic, nurses were very brave to venture into this field of health care. They helped thousands of people, even when it was dangerous. They did not run away. They stood strong. They saved many lives – for that, we will always be thankful. May God bless all nurses.

RED HOUSE: LABOUR DAY:

International Workers Day, or May Day, is a day set apart to honour the hard work and contributions of the labourers in the country. It is a time to celebrate the achievements of workers and acknowledge their struggle for better working conditions, fair wages and working hours. The origin of Labour Day can be traced back to the Haymarket Affair in Chicago, USA, in 1886, where workers protested for eight hours of work. The day is often marked with parades, marches and rallies organised by labour unions. Many countries around the world celebrate this day ceremoniously.

YELLOW HOUSE: FAMILY DAY:

Family day is celebrated all over the world on the 15th May every year to bring in to awareness about the first school of education. Our parents are the first teachers who teach us all the social and family values. Family is inclusive of everyone who cares for our well-being. A happy family promotes love, care, concern and compassion for one another. Family is like branches on a tree; we grow in different directions, yet our roots are the same. As children, we have to be always rooted in the family tradition and values.



I LOVE MY SCHOOL:

MY School is more than just a building, it's a place of learning, growth and friendship. It's where we gain knowledge, develop our skills, and forge connections that can last a lifetime. School provides the foundation for our future and helps us to become well-grown individuals. Have you ever considered what truly defines a great school? I believe that Holy Cross is more than just a place to learn; it's a community where we can grow not just academically but also as individuals. Yes, we have a strong academic program, but we also have amazing opportunities for extracurricular activities.

The sense of community here is incredible, and I have learned much from collaborating with my peers. We are taught not just academics, but also the importance of values like integrity and compassion. At last, it is a well-regarded institution focused on holistic education, character development and creating a supportive environment for students.

By. Saptashree Das VIII-A

Facts on Animals:

- Male seahorses give birth
- Butterflies taste with their feet
- Owl cannot move their eyeballs
- A crocodile cannot stick its tongue out
- Cats cannot taste anything sweet
- Bees communicate by dancing
- A snail has 14000 teeth
- Ostriches can run faster than horses.



By: Arpita Nath VIII A

KAZI NAZARUL JOYANTHI:

Nazrul Islam was born on 24th May 1899 in West Bengal into a Bengali Muslim family. His father was the imam of the local masque. Nazrul Islam worked as a musician in the mosque during his youth, calling the faithful to prayer by reciting the "adham" he later worked with a theatrical group. He also served in the British Indian Army during the First World War. After his stint in the military, he worked as a journalist in Kolkata, where the seeds of his social reform movement took root. Nazrul Islam was a prolific writer and music composer. The collection of more than 4000 songs, which he wrote and composed, is called the Nazrul Geeti and is widely popular even today among the Bengali-speaking population. He also wrote essays, novels, a short

stories. These touched upon a diverse range of topics from love to spirituality and freedom. His literary works bestowed upon him the moniker of the "Rebel Poet" or "Bidrohi Kobi" in Bengali. His work inspired the independence movement in Bangladesh, where he is feted as the national poet.

By. Silvia Nath VIII A



PROGRAM FOR THE COMING MONTHS:**JULY**

03rd : Holiday : Kharchi Puja
 05th : PTM – 01: For all classes
 07th : Class XI : Inauguration
 & Tree Plantation Day
 14 – 18th : Unit Test – 01
 19th : Holiday: Ker Puja
 26th : Faculty Meet

SEPTEMBER:

05th : Teachers' Day
 10th : Distribution of Admit card
 15th : Holiday: Holy Cross Feast
 17th : Holiday : Biswakarma Puja
 18 – 27th : Half Yearly Exams/Faculty Meet
 28th – 08th Oct : Puja Holidays. Hostel Open

AUGUST:

15th : Independence Day
 16th : Holiday: Janmashtami
 16th – 18th : SPES UNICA
 19th : Holiday : B'day- Bir Bikram KMB
 25th – 30th : Class Test 02
 30th : Faculty Meet

OCTOBER:

09th : Classes resume after
 Puja Holidays
 20th : Holiday . Diwali
 23rd : Holiday. Bhatri Dwitiya
 25th : Faculty Meet

NOVEMBER:

08th : PTM 02
 14th : Children's Day
 22nd : Faculty Meet

DECEMBER:

08th : Parents Day Celebration
 15th – 19th : Unit Test 02
 20th – 08th : Winter Holidays



